

Chris Orton

Peer Support

C.I.S.M.



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Trauma / Memories

The things we see, hear, smell and touch become memories.

R.E.M. / E.M.D.R.

Rapid Eye Movement / Eye Movement Desensitization Reprocessing

Peer Support / C.I.S.M.

Brother's & Sister's Keeper / Critical Incident Stress Management

H O P E

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NO STIGMA