# Connecting ACEs, Equity & Resilience

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## **Session Objectives**

**Define** 

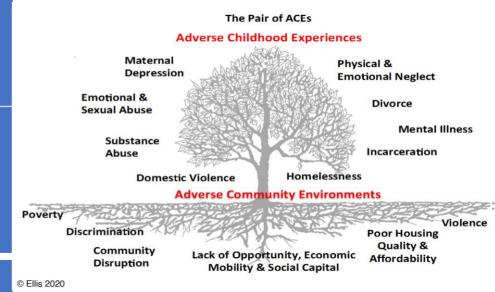
**Define the Pair of ACEs** 

**Examine** 

Examine policy & systems driven outcomes contributing to mental health issues

Learn

Learn to local data to inform access in community & improve family engagement





go.gwu.edu/CCR



@ResilNation



go.gwu.edu/BCRvideos





Community Resilience

Community Resilience

**National Networks & Collaborative** 

> **Fostering Equity Tools** & Resources



**Fostering Equity:** 

Creating Shared Understanding for Building Community Resilience





**Public Health 3.0** 

**Policy & Advocacy** 



Sumner M. Redstone Global Center for

Center for Community Resilience



Prevention & Wellness

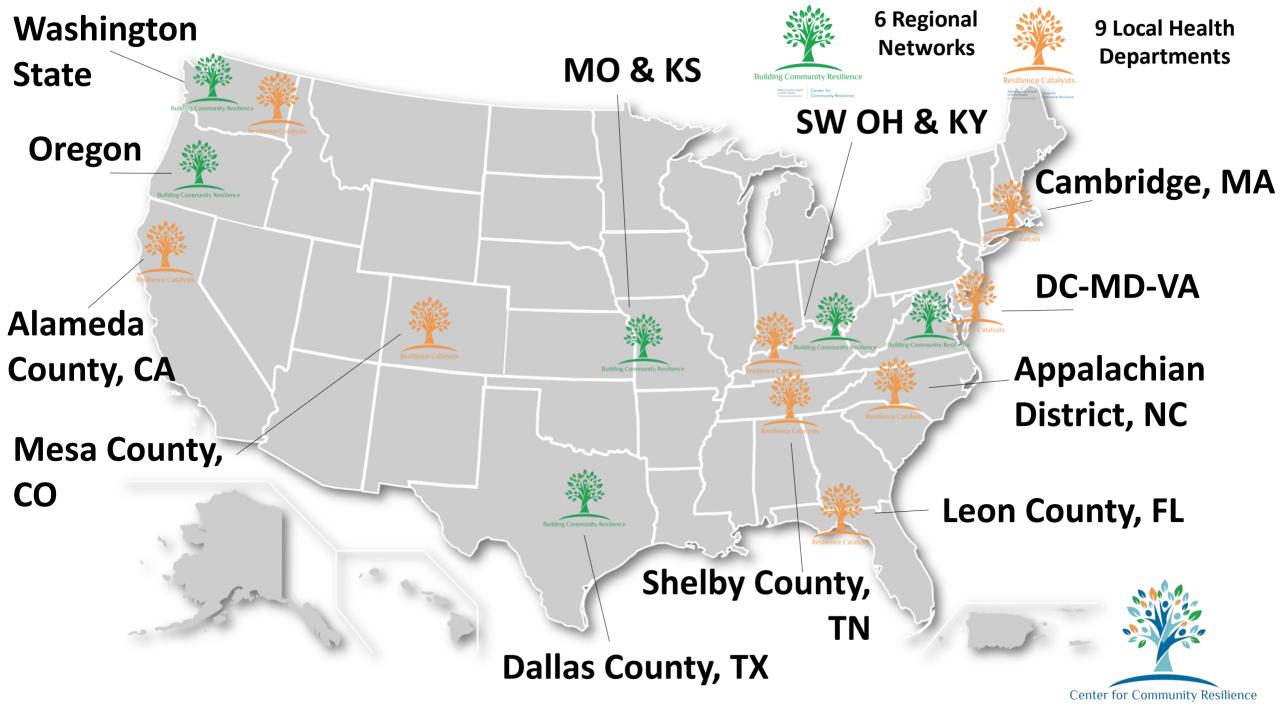


of Public Health THE GEORGE WASHINGTON UNIVERSITY

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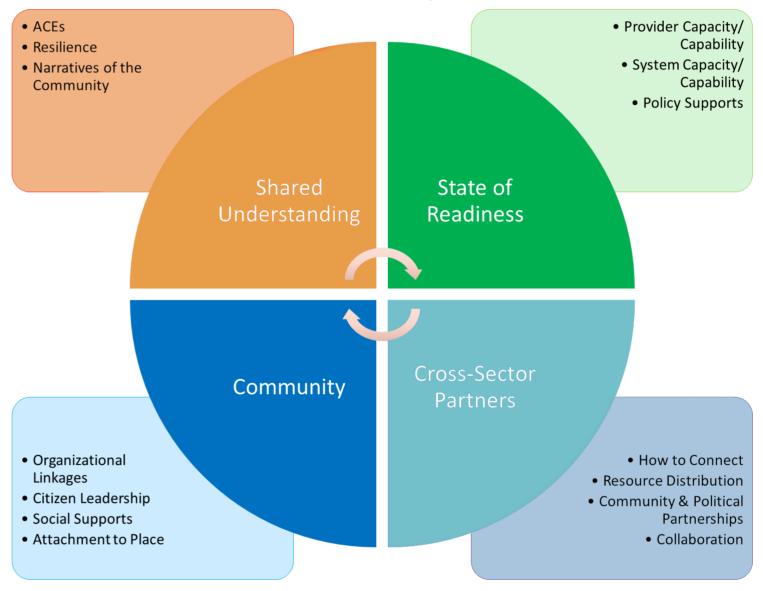
Milken Institute School of Public Health





# BCR: The Process

# Building Community Resilience: Process of Assessment, Readiness, Implementation & Sustainability



Ellis, W., Dietz, W. (2017) A New Framework for Addressing Adverse Childhood and Community Experiences: The Building Community Resilience (BCR) Model. Academic Pediatrics. 17 (2017) pp. S86-S93. DOI information: 10.1016/j.acap.2016.12.011

## What's Equity Got to Do With It?



Connecting systems & policies to community characteristics and population health outcomes.

Measuring equity & community resilience by connecting access to supports and buffers to population health.



#### Framing the Issue

**Outcomes** 

Long-term effect on

health

#### The Pair of ACEs

#### **Adverse Childhood Experiences**

Maternal Depression

**Domestic Violence** 

Physical & **Emotional Neglect** 

Mental Illness

Incarceration

Divorce

Homelessness

**Adverse Community Environments** 

**Poverty** 

Discrimination

**Emotional &** 

Sexual Abuse

Substance

**Abuse** 

Community Disruption

Lack of Opportunity, Economic Mobility & Social Capital

Violence **Poor Housing** Quality & Affordability

**Systemic Drivers** 

**Policy & Practice** 

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The context (community & family environment) play a key role in how an individual 'bounces back' from adversity.



# Adverse Childhood Experiences (ACEs) % children with 2+ ACEs: 18.2% 19.4% 18.5% 18.4% Nationally Texas Dallas County Tarrant County

#### Adverse Community Environments (ACEs)

#### include:

- Poor housing quality & affordability
- √ Violence

- ✓ Discrimination
- Lack of opportunity & economic mobility

## Together, these are the "Pair of ACEs". How do they show up?



#### 1 in 5 Children Experience Poverty in Texas

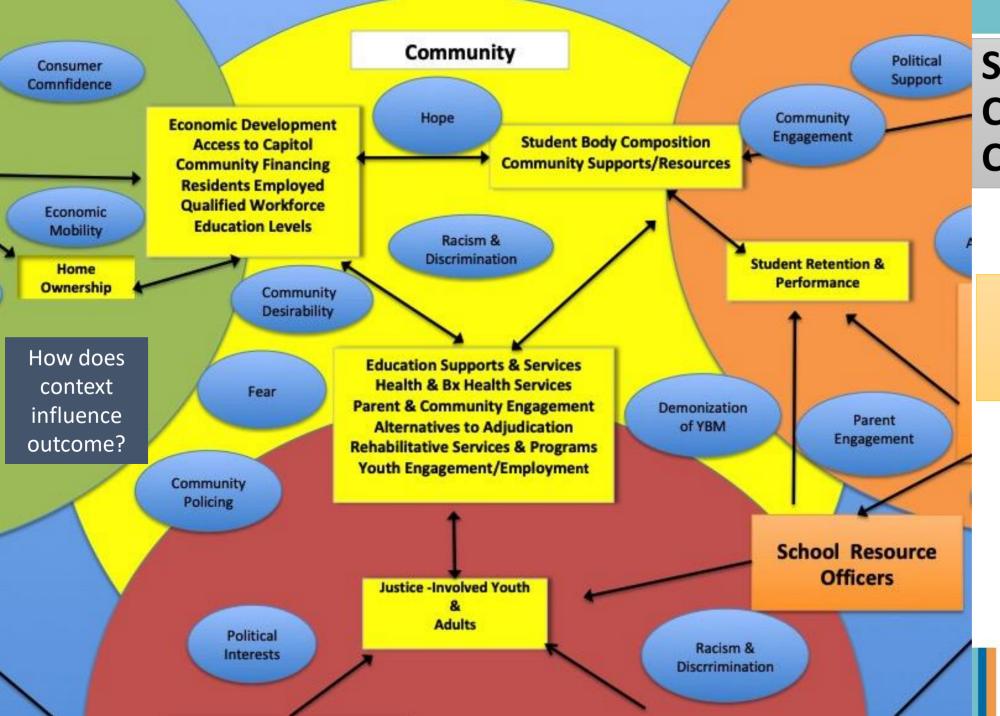
**County Snapshots** 

22% Dallas County17% Tarrant County21% Bastrop County17% Victoria County30% Nacogdoches County



# Adverse Community Environments

	Texas	Dallas County	Tarrant County
Rate of violent crimes (per 100,000 ppl)	420 crimes	480 crimes	403 crimes
% children living in <b>poverty</b>	21%	22%	17%
% severely unaffordable or unsafe homes (monthly costs over 50% of income, no kitchen, no plumbing, or over-crowding)	18%	22%	18%
% families with limited access to a grocery store	N/A	17%	26%
Rate of drug overdose deaths (per 100,000 ppl)	10	12	10



# Systems Driven Community Characteristics

Understanding the connections between outcomes in practice and outputs of systems.

Inequity
By
Design



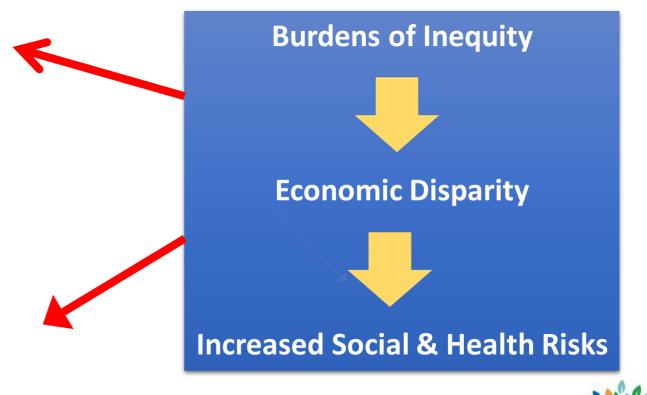
### Child Abuse (2020)

County	Number/%
Bastrop	281 / 1.3%
Bexar	5499 / 1.%
Tarrant	6203 / 1.2%
Travis	2391 / .46
Victoria	263 / 1.2%

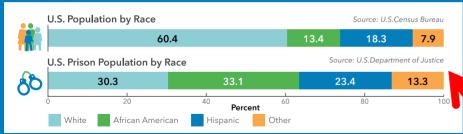
### Childhood Poverty (2020)

County	Number/%
Bastrop	5277 / 24%
Bexar	111,469 / 22%
Tarrant	74, 902 / 14%
Travis	32,284 / 13%
Victoria	5,131 / 24%

## Pair of ACEs

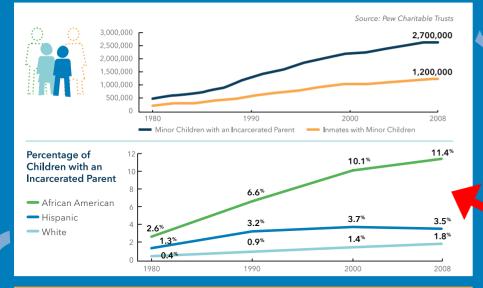








#### Parental Incarceration is an Adverse Childhood Experience





#### The Burden of Inequity

- Of incarcerated fathers 40% are African American, 30% white and 20% Latino.
- 20% of African American children who come in contact with child welfare agencies
  have a recently incarcerated parent.
- Children of incarcerated parents are at higher risk for poor academic outcomes, depression, household economic hardship and housing instablity

Sources: National Institute of Justice, NRCFCPP



# **Equity Infographic Series**

#### **Inequity in Criminal Justice Policy**



#### **Burdens of Inequity**



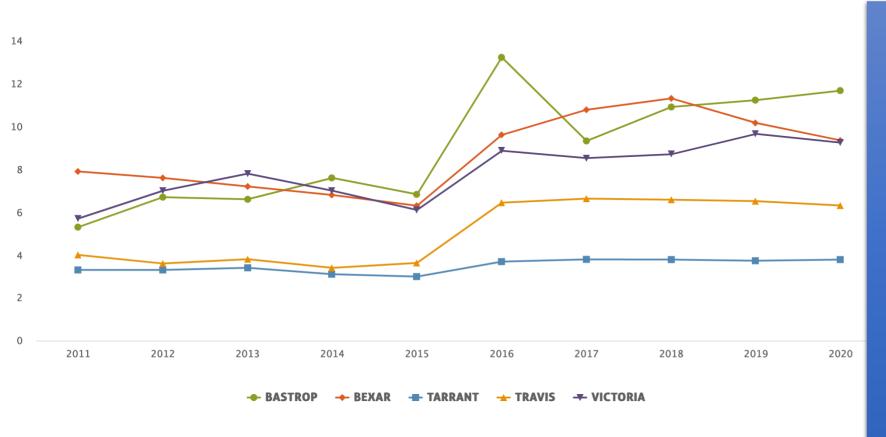
Disproportionate Contact & Incarceration Rates



Parental Incarceration as an Adverse Childhood Experience



### Pair of ACEs



Children In Foster Care (0-17) (Rate Per 1,000 Children Ages 0-17) - 2011-2020

Texas KIDS COUNT at Every Texan
KIDS COUNT Data Center, datacenter.kidscount.org
A project of the Annie E. Casey Foundation

**Burdens of Inequity** 

Orphaned by Opioids & COVID-19

Parental Incarceration as an ACE

Higher Rates of Community Stress-Related Illnesses



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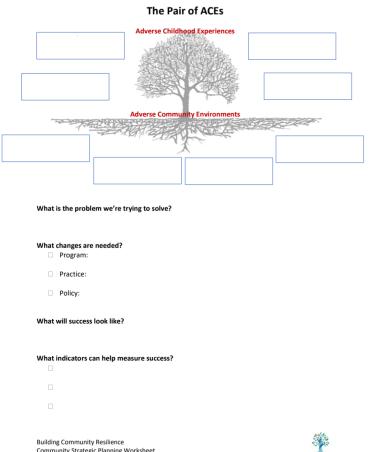
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# The Pair of ACEs in Practice



- The Pair of ACEs in Practice
  - What's the Problem?
  - What strengths can we draw upon?
  - Who should be at the table?
  - Policy
  - Practice
  - Program
  - Working Across Sectors



# Community resilience looks like...

Empowered families

Supportive social networks

Social cohesion

Community-driven policy

Healthy individuals and families

Economic mobility

Equitable and trauma-informed systems and supports

Integrated social services

Inclusive food systems

Opportunities for community engagement

Accessible housing

W hole family care

Reimagined Restorative public safety justice

Supportive schools

Social and emotional support Health-promoting physical environment

